Tostadas (Aunt Adriana’s recipe)

Ingredients:

10 Corn Tortillas

Beans (refried, homemade or canned)

1 lb of ground beef

salt, pepper, cumin, garlic powder and oregano to season the meat, to taste

1/4 green onion diced

1 tomato diced

1/2 head of cabbage finely chopped

Avacado

queso fresco or another Mexican cheese

Mexican crema

Salsa (homemade or store bought)

1/2 cup olive oil for frying tortillas

Instructions:

1. Fry the tortillas in oil, or buy store bought tostadas
2. Cook the ground beef with the green onion, tomato, and seasonings
3. Spread refried beans on the fried tortilla,  then add ground beef, cabbage, Mexican cheese, salsa, top with avacado slices and pour Mexican crema on top of tostada